Executive Health Program

www.aubmc.org

Our lives are dedicated to yours
About us

The Executive Health Program (EHP) at AUBMC offers comprehensive, evidence-based health packages tailored to managers, as well as busy executives and their family members. The program entails a personalized and preventative head-to-toe medical examination along with lifestyle assessment. It is prescheduled and implemented over a one-night stay in a private, luxurious, and comfortable setting.

The packages are customized to your medical profile and history. They may include all the following:

- Complete blood studies
- Cardiac health evaluation, including EKG, stress echocardiography, CT calcium score
- Pulmonary health evaluation, including spirometry
- Bone densitometry test
- Colonoscopy
- For females: Papanicolaou test Pap smear, mammography
- For males: Prostate-Specific Antigen (PSA) diagnostic blood test

Additional Services

The below services can be provided at additional cost either upon your request or based on your medical need:

- Positron emission tomography (PET) scan
- Dental consultations
- Diet and nutrition counseling
- Smoking cessation
- Life coaching sessions
- Cosmetic surgery
- Laser vision correction
What to Expect?

The Executive Health Program at AUBMC focuses on:

- Preventing and detecting serious conditions such as heart disease and cancer at an early stage
- Identifying lifestyle and hereditary factors that may impact health
- Enhancing lifestyle and modifying harmful risk factors
- Ensuring health stability and peace of mind

The Executive Health Program at AUBMC offers its visiting executives:

- High-quality standards
- Evidence-based medical packages
- Convenience and efficiency
- A comfortable and attractive setting
- Travel assistance

High Quality Standards

- Comprehensive health assessment packages based on age, gender, potential risk factors, family and past medical history
- In-depth personalized medical examination
- Experienced specialists trained in top US and European medical institutions
- State-of-the-art diagnostic medical technologies

Convenience and Efficiency

- Simplified scheduling and billing
- Prescheduled examinations, screening, and consultations
- Ample discussion of results with physician
- Summary report stating results and recommendations

Comfortable and Attractive Setting

- Luxurious suites
- Internet services
- Guaranteed privacy and confidentiality

Travel Assistance

- Hotel reservations
- Airport and inland transportation
Location and Appointment Scheduling

For more information and appointments, please contact:
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